



EFR EMPLOYEE & FAMILY RESOURCES

Employee & Family Resources (EFR) Awarded Culturally Competent Substance Abuse Treatment Pilot Project Grant from IDPH to serve African-American clients.

Deserving African-American clients to receive substance abuse treatment services in collaboration with Urban Dreams.

EFR has been awarded a grant from the Iowa Department of Public Health to provide culturally competent substance abuse treatment services. This 8-month pilot project will fund professional assessment, outpatient substance abuse treatment, and regular case management contact. Utilizing best substance abuse treatment practices incorporating Motivational Enhancement for Change principles, this project is expected to further define how to best meet the needs of African-American clients, whose substance abuse issues are often treated as a criminal, rather than a health-related, issue.

According to Harry Teel, Director of Substance Abuse Services at EFR:

“This project will allow African-American clients to access the treatment services they deserve, provided by professional staff with unique understanding of their unique needs. We are pleased to collaborate with Urban Dreams to offer this important service to Central Iowa.”

Employee & Family Resources has been a leading human services provider in Central Iowa since 1964, and currently offers programming in the areas of substance abuse evaluation; substance abuse and violence prevention; workplace services; case management, and restorative justice.

Urban Dreams has been serving the Enterprise Community in Des Moines since 1985, providing a multitude of supportive services including employment training, case management, health supports, and licensed substance abuse treatment.

Please contact EFR at (515) 243-4200 to seek assistance, make a referral, or request additional information about the project.

More information about Employee & Family Resources can be found on their website at www.efr.org. For more information about Urban Dreams, please contact Zachary Wilson, Programs Director, at (515) 288-4742.